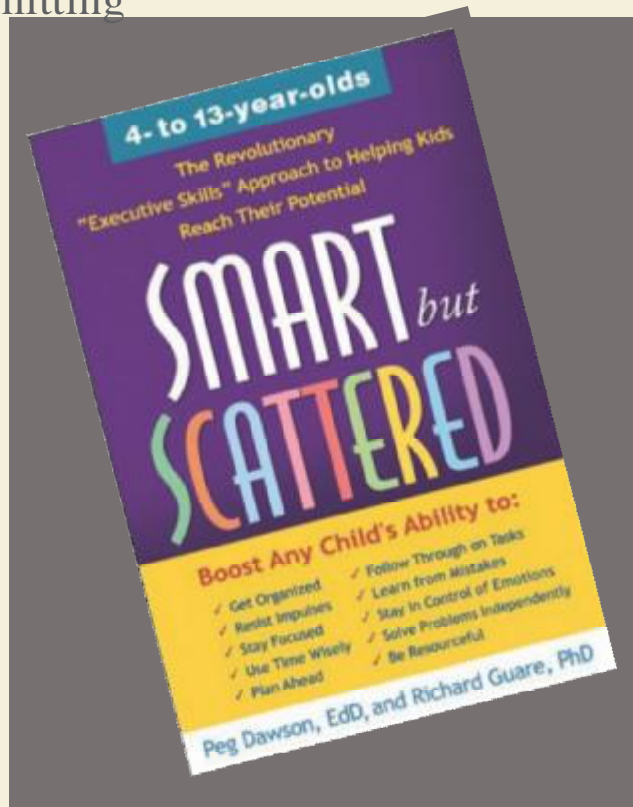


Smart but Scattered?

December 12, 2012
7 – 8:30 pm
**Gleneagle Secondary
Library**

Does your child have difficulty:

- finishing homework and submitting assignments?
- remembering notices, chores or following instructions?
- staying organized and on task?
- coping with disappointment or managing anger?



Based on the book, *Smart but Scattered*, you will learn easy-to-follow steps to identify your child's strengths and weaknesses, use activities and techniques proven to boost specific skills and problem-solve daily routines. The workshop will give parents a functional framework to begin understanding what is developmentally important for day to day functioning.

This workshop will help boost your child's ability to:

- Get Organized
- Resist Impulses
- Stay Focused
- Use Time Wisely
- Plan Ahead
- Follow through on Tasks
- Learn from Mistakes
- Stay in Control of Emotions
- Solve Problems Independently
- Be Resourceful.

To Register: Quirien Mulder ten Kate at gmtk@sd43.bc.ca before December 10. Drop off \$5.00 per participant in an envelope with your names on the front before December 10 as well.

Questions Contact: gmtk@sd43.bc.ca

Workshop led by:

Shannon Sullivan BEd, MEd (candidate)
Christine Abbot BEd, MEd
Hillcrest Middle School
Grade 6/7/8 Yellow Team/MACC

